

The
Naked
& Sunday
Project



A collaborative venture by
David Salcido & Donny Prosis

**TO ME, BEAUTY IS ABOUT
BEING COMFORTABLE IN
YOUR OWN SKIN. IT'S
ABOUT KNOWING AND
ACCEPTING WHO YOU ARE.**

~ ELLEN DEGENERES

The idea behind Naked Sunday is a simple one. Sunday is supposed to be a day of rest. A day to recharge and reconnect. A day to throw off the trappings of the workaday world and strip down to the basics. But let's be frank, it isn't like we really need a reason to be naked. What guy does? Pictures, however, that's a different story.

Our original intent was to take artfully posed weekly pictures that could be posted on Facebook. It was a lark, really. Something that allowed us to explore our inner exhibitionists, while allowing our friends to explore their inner voyeurs. Tastefully of course. The reaction was even better than anticipated and our little Facebook venture might still continue to this day if not for the fact that we were flagged as inappropriate after three months of regular uploads. That meant rethinking the project.

What was it that could be seen as inappropriate by Facebook? Was it the fact that we were naked, even though there was nothing explicit about our photos? Celebrities and professional models do it all the time and those don't seem to get censored. Could it be that neither of us are what could be considered model material? Are we just not "beautiful" enough for mass consumption?

It was at that point that the project became an exercise in body positivity. After all, it wasn't easy for us to put ourselves out there like that. We had talked about it for close to four years before we

actually took the plunge. We'd taken pictures and posted them before, a handful of times, always meeting with approval from friends. Many expressed interest in us putting together a calendar or a book.

Making it a 52-week project – in which we posted one image each Sunday – was a huge step. It meant coming to terms with our insecurities and taking the plunge. Having Facebook censor us could have been seen as a sign that we weren't good enough. Instead it had the opposite effect.

What you see here is us in our habitat. Sometimes we're just going about our lives together, sometimes we're goofing and sometimes, on very rare occasions, we talk friends into joining us. The invitation is always open, but not everybody is ready to put themselves out there; to be silently judged. As I said, it's a big step.

With all that in mind, we'd like to give a big shout out to our brave friends who overcame their own insecurities to become part of our narrative. We also encourage you to explore your own Naked Sundays and share them with the world. It's your body. The only one you'll ever get. It's also the first step toward loving yourself. Try it. It can be very liberating.

*David Salcido
August 30, 2019*



It all started in 2011, when we asked our friend James, who was visiting from Phoenix, to join us in a little photoshoot. Just for shits and giggles, of course. Since it was New Year's Day, we opted for a celebratory theme, with just a touch of naughtiness. The result was posted on Facebook and the response was better than expected.

- Alex Ulrich Awesome!!!
- Joe Putman Classic!
- Stephanie St Amand Holy shit, my head is going to explode! BEST BEST BEST
- Loren Dechaine Now THAT is a New Year's photo!!!

A year later in December of 2012, Donny and I decided to do a Christmas "card" for our Facebook friends. It, too, was very well received. The idea of doing it regularly hadn't even entered our minds yet. That would take time...

- Craig Buchanan HAHAAHAHA... David, you guys crack me up!!!
- Jared Dial LOOOOOOOVE!!!!
- Rudolf Budginas the best Xmas card EVER!!!
- Susan Dzbanko I love this.
- Lynn Lawrence I can't wait for the calendar!!!!
- Kelly Mielke This needs to be on a card. Love it.
- Sunshine Dore this is by far...the funniest thing I've ever seen. where have you two been all my life?!





-  Zeta Shearill O. EM.Gee. 🙄
-  Leslie Barton Isn't this part of a calendar series I can purchase? 4
-  Candace Gray Wow! This looks to be Las Cruces' most kickin' New Year's party! 2
-  Sean Robbins I have to give props for the artfully placed...props. Well done, lads. 4
-  Kelly Covert Ahhhhhhhhhhhhhhh!!!! 1
-  Kitty Sangria Um David, will you host my next party??? 3
-  Jan Shep Better than christmas! 1
-  Daniel Aguilar Yep One for the record books
-  Amy Nelson Scott Bahahaha. Happy new year!
-  Tony Martinez One way to bring in the new year
-  Daniel J Cartier that's my kinda party!!! Love you guys! 1
-  Melissa Maples This is the best thing I've seen all year. 2
-  Rachel Christiansen Your party was better than mine 😊 1
-  Michael Zydzik charming, tasteful AND smart - what else can i say? 1
-  Jan Shep Still enjoying the eye candy. Am wondering why you don't consider these art pieces and start selling calendars or the like! 2
-  Melodie Roach Yay! Now that's a party! 😊
-  Rowan Greene fucking-A 🤔 GREAT Pic 1
-  James Hansen THE BEST!!! 1
-  Lisa Compton SEXXXXXY!!!!!! 1
-  Sunshine Dore oh my lanta! I love you! 1
-  Buck Burns Sooooooooooooo good 1



Following up our Christmas pic with a New Year's Eve 2012 photo (left), inviting our friend Stephen along for the ride, kind of blew the lid off our little project. The comments depicted are just a fraction of what we received. It was after this that we began really thinking about the possibility of creating something significant. Never quite sure whether it would be a calendar or a book, we put our heads together...



**"IF THE WORLD
WOULDN'T PERSECUTE
ME, I'D TAKE NUDE
PICTURES EVERY DAY
OF THE WEEK."
~ HALLE BERRY**



This one was fun, though it was never posted onto Facebook. We asked our friend Eric to join us for tea in January of 2013. Unfortunately, at the time, he was a teacher, so it didn't seem appropriate to put his naked ass online for all to see. He was a very good sport about it, asking if he could pour the tea after I had done my directing.

My favorite is still the one on the far left. I think it captures the playfulness of the project, even though it was very much in its infancy at that time.



These will no doubt take a bit of explanation. In March of 2013, we had the idea to do a recreation of the infamous Rat Pack image, depicted on the poster behind us on the left. Stephen just happened to have a pool table in the middle of his living room, and both he and Eric liked the idea.

The evening turned out to be much wilder than anticipated, and the two images here were the only ones 'artful' enough to be considered part of the project. The rest, well, they're just boys being boys who have had a few too many drinkies.

The image at the left is the only one I appear in. After that, it was controlled chaos. I'm actually very happy with the result, but again, because of Eric's situation, they never saw the light of day on Facebook. You're seeing them here for the first time.

Incidentally, it was this photo shoot that gave rise to the High Life movies, which we always referred to as the "frat pack" films in the early days. It's funny how things like that work out...





“Happy Nude Year,” January 1, 2017

The project officially began on January 1, 2017, with the image on the left. From there, we attempted to shoot one good image per week. We didn’t always succeed. Either the creative juices just weren’t flowing, or what we ended up with was... well... boring.

It’s only in hindsight, when looking at the body of a work, that one can actually see the images that work, vs. those that don’t. In putting together this book, we made a creative decision not to include the boring ones. You may debate that point, but please keep in mind, neither of us are professional photographers. No special lighting was used. We wanted them to appear as natural as possible.

The images appear here as they did on our website, complete with titles and dates. We hope you like ‘em.

“NAKED AND PURE IS THE SPIRIT THAT TRANSCENDS THE EXISTENCE MEDITOCRE.”
~JOHN WILBANKS



“Rainy Sunday,” January 15, 2017



"It's for you..." January 22, 2017



"Movie Morning," January 29, 2017



"Variation On A Theme," February 5, 2017



"This Old House," February 19, 2017



"Morning In Denver," February 26, 2017



**"THERE'S SOMETHING
THERAPEUTIC ABOUT
NUDITY ... TAKE AWAY
THE GUCCI OR LEVIS
AND WE'RE ALL THE
SAME."**

~ KEVIN BACON

"Record Time," March 13, 2017



“April Fools (a.k.a. ‘The One That Got Us Flagged On Facebook!’),” April 2, 2017



“Facebook Un-friendly,” April 9, 2017



"Bunny Day," April 16, 2017



**"MY IDEAL IS TO WAKE
UP IN THE MORNING
AND RUN AROUND THE
MEADOW NAKED."
~ DARYL HANNAH**

Our friend Danny was guest for the Easter theme. The photo above was taken by Donny during one of our breaks. It was just too good to leave out.



"While The Cat's Away," April 23, 2017



"Light Reading," April 30, 2017



“World Naked Gardening Day,” May 6, 2017



**“CLOTHES MAKE THE MAN,
BUT NAKEDNESS MAKES
THE HUMAN BEING.”**
~ KEVIN KEARNEY



"High Tea," May 28, 2017



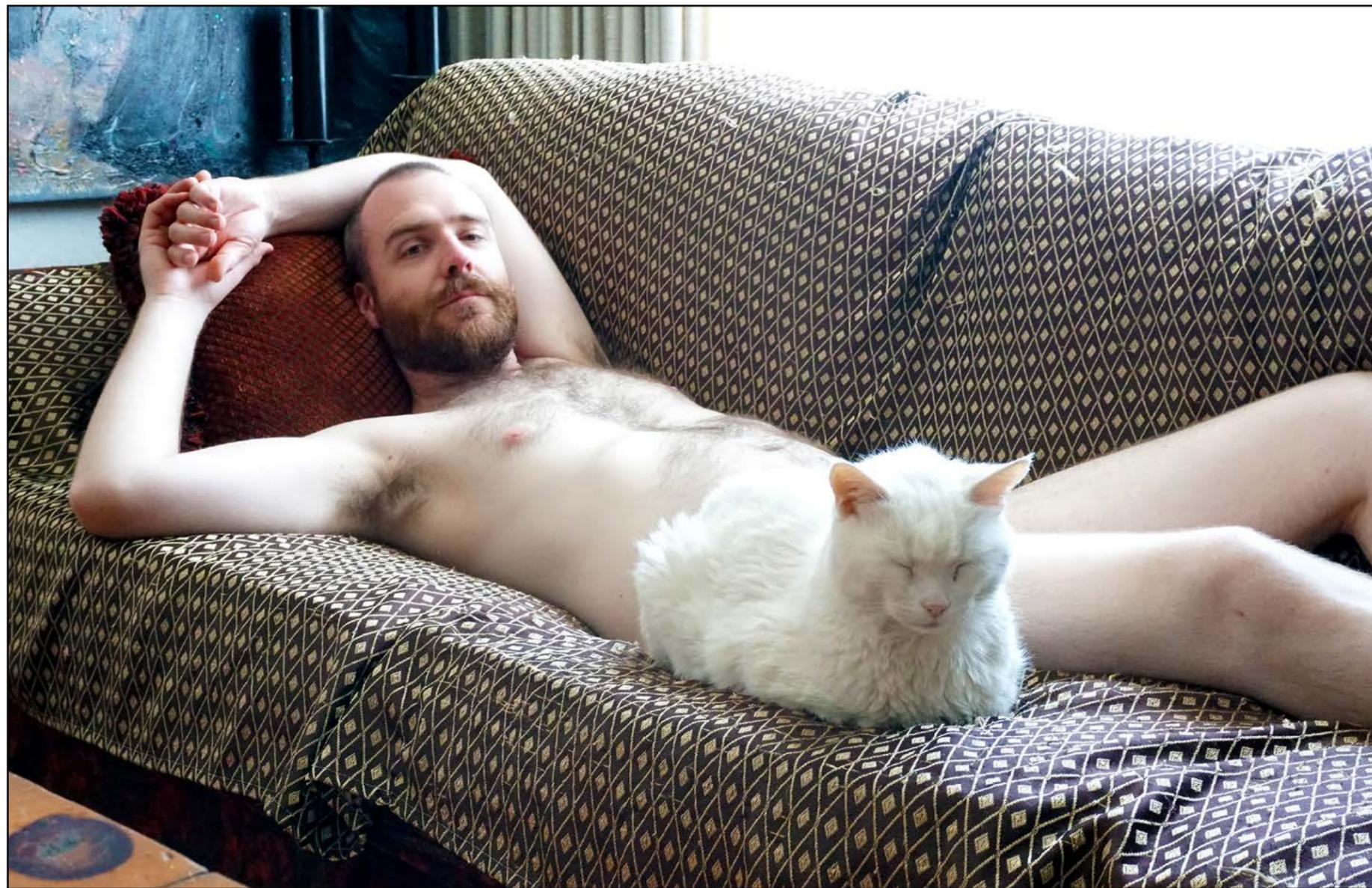
Friends Eric and Nora joined us for this shoot, a variation on the Tea Party theme Eric was in way back in 2013, before he lost all that weight.

**"ART CAN NEVER
EXIST WITHOUT NAKED
BEAUTY DISPLAYED."
~ WILLIAM BLAKE**





"Fine 'Til The Sun Came Out," June 4, 2017



"Pet My Pussy?" June 11, 2017



“Mimosa Sunday,” June 11, 2017



**“IT’S EASIER TO
MAKE FRIENDS OF
NATURISTS THAN TO
MAKE NATURISTS OUT
OF FRIENDS.”
~ DAVE WILLIAMS**

This one was a surprise. We had asked Mike and Kelly to join us in a shoot several times before, but to no avail. Apparently the timing was right, because it was Kelly who suggested it on that Sunday, while we sat drinking mimosas in her garden. One of the very reasons I tend to take my camera everywhere we go!



“Return To The Garden” (with special guest, Kelly’s niece Melissa), June 25, 2017



“Murica!” July 2, 2017



“Lazy Sunday,” July 9, 2017



“Organizing The Library,” July 30, 2017



"Albuquerque Dreamin'," August 6, 2017



"Musical Interlude," August 13, 2017



"Rainy Sunday," August 20, 2017



"Bananas" (featuring returning guest Danny), August 27, 2017



**"I'M NOT FOR GRATUITOUS NUDITY,
BUT IF THERE'S HUMOR, I DON'T
HAVE A PROBLEM."**

~ REBECCA ROMIJN



"Courting," September 3, 2017

**"FULL NAKEDNESS!
ALL MY JOYS ARE DUE
TO THEE, AS SOULS
UNBODIED, BODIES
UNCLOTHED MUST
BE, TO TASTE WHOLE
JOYS."
~ JOHN DONNE**





"The Great Outdoors," September 10, 2017



"So Glamorous!" September 17, 2017



**"IT'S IMPORTANT TO
REMEMBER THAT YOU'RE
BORN NAKED, AND THE
REST IS DRAG."**

~ RUPAUL

Our buddy Robert joined us in September for a very fun shoot, in which he beat our faces down (drag parlance for 'make-up') and draped boas over us in an attempt to make us look every bit as glamorous as he is. You decide if he succeeded.





"On The Road," October 1, 2017



"Foursome" (with special guests Deb and Jesse), October 15, 2017



"Gettin' In The Spirit," October 22, 2017



Another surprise. Donny's best friend Don had been asked several times to join in the fun, without any real interest. Something about the holiday season made him more malleable, so we threw together this shoot. Maybe it was the pumpkins...





“Naked Sabbat” (with special guest Autumn), October 29, 2017



“After The Glitter Fades,” November 5, 2017



"Merry Xmas," December 24, 2017

And, just like that, the year was over. We had achieved 52 images, but as I said earlier, they weren't all great. Especially as we moved closer to the end of the year, when creativity was flagging. Even so, we accomplished what

we set out to: gathering all the images together into an exhibit at Nequim Studios, from early November through late December.

Ah, but we weren't quite finished. We may no longer have had a schedule to stick to, but

Naked Sunday lives on, as the next few pages will prove. We hope you have enjoyed this little foray into artful exhibitionism and further hope that perhaps, one day, you will join us for another round. Who knows, maybe next time we'll do a calendar!



"All Good Things," December 31, 2017



"Newlywed Beach Bums," January 21, 2018

**"MODESTY IS A
VASTLY OVERRATED
VIRTUE"
~ JOHN KENNETH GALBRAITH**



"Time For A Soak," February 25, 2018

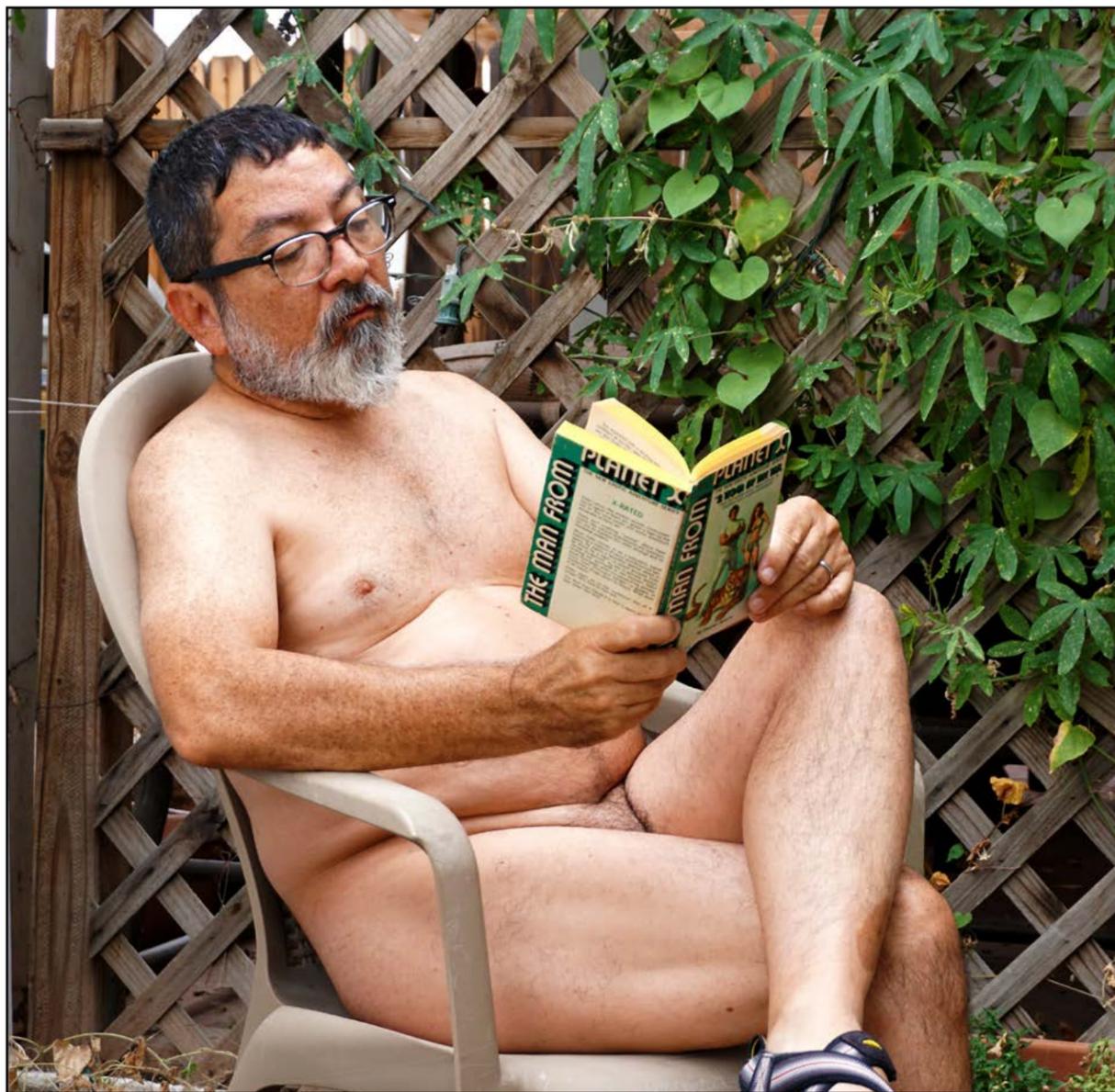


“Strip Poker Sunday,” April 22, 2018

**“I DON'T HESITATE TO DO
NUDITY AS AN ACTOR IF
IT'S DONE WELL.”
~ JOHN LITHGOW**



Our buddy Jack was very disappointed that he hadn't been able to be part of the official project in 2017, so he joined us in April 2018 for a shoot. Poker was the theme for this one. We had a lot of fun doing it, and there are plans for more.



"Time Out," July 7, 2018

**"WHAT IS BEAUTY BUT
NAKEDNESS UNASHAMED
OF ITSELF?" "**

~ MARTY RUBIN



"Garden Shades" (with special guests Deb and Jesse), May 20, 2018

Acknowledgements

As with any project of this scope, we could not have done it alone. A huge thank you goes out to everybody who helped make this book possible, including:

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MELISSA MULGREW
NEQUIM STUDIOS
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DON & PATTY PROSISE
JESSE & DEB RALING-YOUNG
DANNY WADE
ROBERT YOUNG

And to YOU, for coming along on our journey. We hope you found some form of entertainment within these pages, and that our little display inspires you to become better acquainted with your own bodies, which are each beautiful in their own unique ways.



**“THERE IS NOTHING IN ALL THE
WORLD MORE BEAUTIFUL OR
SIGNIFICANT OF THE LAWS OF
THE UNIVERSE THAN THE NUDE
HUMAN BODY.”**

~ ROBERT HENRI

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**Unbridled Media
Las Cruces, New Mexico**